



Bottisham Village College

Achievement through Inspiring, Caring, Enriching

Principal: Mrs Jenny Rankine M.Ed LLCM

Lode Road, Bottisham

Cambridge CB259DL

Tel: 01223 811250

www.bottishamvc.org

enquiries@bottishamvc.org



AG/bg

September 2026

Dear Parent/Carer

PSHE in Year 11 – 2026–2027

Summary of Actions	Deadline
For Information.	N/A

We are writing to provide an overview of the PSHE education your child will receive during Year 11.

Year 11 PSHE focuses strongly on preparing students for their next stage of education, employment and adult life, while continuing to develop their understanding of relationships, health, safety and personal responsibility.

Some elements of our curriculum fall within **Relationships and Sex Education (RSE) and Health Education**. In England, RSE is a statutory requirement for pupils in secondary education, and Health Education is a statutory requirement in state-funded schools.

Lessons are delivered sensitively by form tutors who know their students well. Topics that may be sensitive or personal are handled carefully and respectfully, with students never expected to share personal experiences.

Relationships

Students will explore:

- Consent and intimacy
- Fertility and pregnancy
- Family life and the realities of family relationships
- Maintaining healthy relationships
- Unhealthy family relationships
- Identity and different experiences of relationships
- Respect, communication and personal responsibility

These lessons build on learning from previous years and encourage students to think carefully about healthy relationships, boundaries, responsibility and seeking support.

Keeping Safe

Students will consider:

- Mental health and mental illnesses
- Influences on mental health
- Managing change



Bottisham Village College

Achievement through Inspiring, Caring, Enriching

Principal: Mrs Jenny Rankine M.Ed LLCM

Lode Road, Bottisham

Cambridge CB259DL

Tel: 01223 811250

www.bottishamvc.org

enquiries@bottishamvc.org



- Recognising when support may be needed
- How to access appropriate health services
- Understanding civil and criminal law
- Making safe and responsible decisions

The aim is to ensure that students leave school with greater confidence in looking after themselves and knowing where to turn for support.

Living in the Wider World

A significant part of Year 11 PSHE is preparation for life beyond school. Students will explore:

- The skills and strengths they can take forward
- Communicating their skills and strengths
- Personal statements
- Preparing for their next steps after Year 11
- Future education, training and employment choices
- Making informed decisions about their future

These lessons are designed to help students recognise their strengths, communicate them effectively and approach their next stage with greater confidence.

When will this be taught?

PSHE is taught throughout Year 11. Preparation for post-16 choices and future pathways is integrated across the year alongside units covering relationships, mental health, safety and personal responsibility.

Supporting your child at home

As students approach the end of their secondary education, regular conversations about wellbeing, relationships, independence and future plans can be particularly valuable.

Useful resources for parents and carers include:

- **Brook – RSE at Home:** guidance and resources to help parents support conversations about relationships, growing up, health and wellbeing. [Brook – RSE at Home](#)
- **NSPCC – Healthy Relationships:** advice about healthy relationships, consent and supporting young people as they grow older. [NSPCC – Healthy Relationships](#)
- **NSPCC – Talk Relationships:** parent and carer resources designed to support conversations around relationships and RSE. [NSPCC – Talk Relationships](#)

We hope this gives you a helpful overview of the PSHE programme in Year 11 and the ways in which it supports students as they prepare for their next steps.

We would also like to invite parents and carers to read our draft RSHE policy, which is available on the school website, and to share any comments or feedback with us by the end of next week (18 September). We value your views and welcome your feedback as we



Bottisham Village College

Achievement through Inspiring, Caring, Enriching

Principal: Mrs Jenny Rankine M.Ed LLCM

Lode Road, Bottisham

Cambridge CB259DL

Tel: 01223 811250

www.bottishamvc.org

enquiries@bottishamvc.org



finalise the policy; if you have any comments or questions then please e mail office@bottishamvc.org. There are also some sample resources on the website.

Yours sincerely,

Mr A Gee
Deputy Principal