

## July/August Activities

### Cambridgeshire Holiday Activities and Food (HAF) Programme

The Cambridgeshire Holiday Activities and Food (HAF) Programme offers free holiday scheme places. It runs during the 2024 Easter, Summer, and Christmas school holidays. Eligible primary and secondary school children and young people can attend.

The summer HAF Programme is open between 23 July 2024 to 30 August 2024. Registered holiday schemes will offer up to 64 hours of free attendance for eligible children and young people. A range of fun experiences, a healthy meal and snacks will be offered.

If you are eligible for this programme, book as early as possible (bookings open 10 June) with the holiday scheme of your choice to avoid disappointment. This is especially important for children in receipt of benefit-related free school meals who have additional needs or SEND. Booking early will enable the holiday scheme to work with parents or carers to understand and plan for any additional support needs a child may have. It is likely that providers will require at least 6-8 weeks' notice prior to the scheme commencement. Making a booking

The summer Provider Directory will be available from 10 June 2024. Bookings will open on the same date across all holiday schemes taking part.

[HAF Provider Directory Summer 2024](#)

[Further information about the HAF Programme](#)

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**How are you (H.A.Y)** is a website that brings together everything in the local community that boosts wellbeing.

[How Are You \(H.A.Y.\) Cambridgeshire & Peterborough](#)

[How Are You Fenland | Home \(hayfenland.co.uk\)](#)

[How Are You Hunts? | Home \(hayhunts.co.uk\)](#)

Connecting with others, getting active, learning a new skill, being creative, seeking professional support, exploring the outdoors, volunteering – all these things (and more) can improve mental wellbeing. However, it isn't always easy to know what is out there locally or to feel comfortable trying something new.

H.A.Y. is all about helping you look after you. The websites provide not just listings of local activities, groups and services, but also video introductions to group organisers and taster clips of what to expect. From yoga to singing, sports clubs to arts groups, or perhaps somewhere to talk or get a cup of tea, H.A.Y. brings you ideas of local things to do to get a wellbeing boost plus a wide range of local professional support.

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### Fitzwilliam Museum

Trumpington Street, Cambridge CB2 1RB

### Play Make Saturdays

Learning Studio on the lower ground floor.

Saturday 13 July, activity slots at 10am, 11am, 2pm and 3pm.

This is a pre-booked activity lasting 45 minutes.

Play Make Saturday is a free monthly make and play workshop for families. Come and explore, play, create and have fun with materials in our studio.

Workshops are free and supported by the Fitz Families team. All materials are included, and the workshops are suitable for children aged 5-12 years with their parents and carers. [Book here](#).

### **Play Build Play: Early Years Sessions**

Wednesday 17 July

[Play Build Play](#) will be running fun, hands-on, interactive activities for toddlers and pre-schoolers, inviting you to explore the galleries with us.

The morning session, 10am to 11.30am, is suitable for children aged 18 months-5 years and their parents and carers. [Book here](#).

The afternoon session, 1pm to 2pm, is suitable for babies aged 0-18 months and their parents and carers. [Book here](#).

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### **Swimming – Crash Courses**

Abbey Leisure Complex, Whitehill Road, Cambridge CB5 8N

Monday 29 July to Wednesday 31 July, 10.30am, 11am and 11.30am

Monday 5 August to Wednesday 7 August, 10.30am, 11am, and 11.30am

Course Cost: £27

Trained teachers are in the pool with the children, teaching them the techniques of swimming, whilst still having FUN! We have a small group of children in each class so that they get the attention they deserve.

The different times reflect the different pools we use. Our 11am class is in the Main Pool, which is a bit deeper and bigger.

We are running this on a first come, first served basis due to demand. Unfortunately, you cannot book into both weeks, as the team want to ensure everyone has an opportunity to try the courses. There will be a waiting list for anyone who would like both weeks should spaces become available.

Contact Grace Allen to book your place: [Grace.Allen@GLL.ORG](mailto:Grace.Allen@GLL.ORG)

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### **Vivacity Swimming Sessions**

Peterborough

The **Peterborough Lido** is open for heated outdoor swimming: [see timetable](#).

### **Jack Hunt Swimming Pool**

Ledbury Road, Peterborough PE3 9PN

Open for a mixture of lane swimming, open swimming and family fun sessions: [see timetable](#).

### **Stanground Sports Centre Swimming Pool**

Peterborough Road, Peterborough PE7 3BY

Open at the weekends for public swimming. See the [website](#) for details.

Swimming sessions can be [pre-booked online](#) or on the Vivacity app.

## Swimming Lessons

Vivacity is also now offering **swimming lessons** at Stanground Sports Centre Swimming Pool through our Swim England accredited **Swim Academy**. Lessons take place on Saturdays and Sundays.

The friendly qualified teachers provide swimming lessons for all ages and abilities, from baby and pre-schoolers to the junior stages of the learn to swim programme.

You can [check availability and book on the website](#) or alternatively [fill out the enquiry form](#) and a member of the team will contact you to discuss the options available for you/your child.

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## The Library Presents

Performances to enjoy this month:

### Hidden Histories

Saturday 13 July, Alconbury Weald 11am and 2.30pm

Meet three people from the past: Florence Nightingale, Walter Tull and Karpal Kaur. Hear their stories through song, dance and poetry. Who is remembered and why? Bunting making workshop after the show, share who or what you want to remember.

[Book Tickets](#)

### The Greenhouse

Come on a magical journey into the plant world. Join Peppina in her quest to grow Pimpernell, the most beautiful plant ever. A bit silly, a bit poetic and you get to plant your own sunflower to take home! Pay what you can (from £2).

Coneygear Centre Huntingdon, 24 July 1pm - [Book Tickets Wednesday](#)

Huntingdon Library, 25 July 3.30pm - [Book Tickets Thursday](#)

### One Man One Ball

Truan and his magical crystal ball are on a mission to spread astonishment and wonder. A mix of circus tricks, juggling, and electric unicycle, dance and comedy. The show will be followed by a circus workshop for all ages over 5 years.

Abbey Lounge Cambridge, Thursday 25 July 2pm - [Book Tickets](#)

Contact: [thelibrarypresents@cambridgeshire.gov.uk](mailto:thelibrarypresents@cambridgeshire.gov.uk)

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## Get Active this Summer

Tuesdays 10am to 2pm throughout the summer holidays at various park locations.

The Active Lifestyles team are organising a series of Active Family events this summer holidays. These events are FREE to attend and there will be sports and activity sessions on offer for all the family to take part in together. Come along with your family and friends for a day of free, fun activities. Activities on offer will include equipment in a fun family play zone, where you can grab a skipping rope, space hopper, hula hoop or catcher. As well as structured activities led by local clubs such as football, short tennis, orienteering challenges, ball games, skating and scooting, archery, table tennis, crazy golf, a bouldering wall, boxing, family fitness sessions, dance sessions and more!

In addition to loads of fun activities we will be handing out information on where you can get active locally as well as an on the day 'Olympic' challenge with prizes to be won. We recommend you wear comfortable clothing and footwear and remember your bottles of

water, hats, suncream, snacks and a picnic blanket. There is something available for all abilities and it'll be a great opportunity to get active as a family.

The events will take place at the following locations from 10am - 2pm:

- 23 July - Coldham's Common – access near Abbey Leisure Complex, Whitehill Road, Cambridge CB5 8NT
- 30 July - Trumpington Recreation Ground – Paget Road, Cambridge CB2 9JF
- 6 August - Cherry Hinton Recreation Ground - High Street, Cherry Hinton, Cambridge CB1 9HE
- 13 August - Nun's Way Recreation Ground, Cambridge CB4 2LU
- 20 August - Nightingale Recreation Ground, Cambridge CB1 8SQ
- 27 August - Pye's Recreation Ground, Chesterton, Cambridge CB4 1ED

Find more information [here](#).

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## **Six Weeks of Summer Adventures**

Ferry Meadows

From outdoor adventures and holiday clubs to wildlife workshops and open-air cinema, there's something for everyone.

Activities include:

- [Water Sports](#)
- [Oak Adventurers Holiday Club](#)
- [Foodie Fridays in the Park!](#)
- [Summer Nights at Ferry Meadows](#)
- [Indoor Archery sessions](#)
- [Climbing Wall](#)
- [Treasure Hunt](#)
- [Orienteering Challenge](#)
- [Sailing Courses](#)
- [Holiday Trail](#)
- [Pond Dipping](#)
- [Big Butterfly Count](#)
- [Wildlife Boat Trips](#)
- [Wildlife Wander](#)
- [Buzzy Bee](#)
- [Bug Hunt](#)
- [Birdwatching for Families](#)
- [Owls and their Pellets](#)
- [Craft Workshops](#)

[Find full details here.](#)

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## **Summer at the Museums**

23 July to 2 September

The school holidays are almost here - and so is Summer at the Museums 2024, a jam-packed programme of family events at over 20 museums across Cambridgeshire.

Join us for free or low-cost events, hands-on activities, creative workshops and trails for the

whole family.

The full events programme is [here](#). Have a browse and plan your next family day out. Some special workshops have limited spaces, so do make sure to book if you don't want to miss out.

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### **Free Cycling Festival for all the Family**

Cambridge

Sunday 25 August, 10am to 12noon

Traffic-free roads

Giving everyone the chance to cycle the city on a traffic free route.

Free to attend

The ultimate ride for people of all ages, abilities and backgrounds - absolutely free!

Ride with the pros

A unique opportunity to ride with some of the riders who will be racing later in the day.

Cambridge Criterium Let's Ride

Get involved no matter your level and enjoy the traffic-free roads before the racing starts! The Cambridge Criterium Let's Ride is a free ride for cyclists of all ages and abilities. This offers a chance for everyone from new cyclists to regular commuters no matter if you're eight or eighty.

Pre-enter or just turn up and ride - we want everyone to give cycling a go.

If you're keen to take part in the 2024 Cambridge Criterium Let's Ride, [register here](#) and we'll send you more information closer to the event.

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[Little Miracles charity](#) has branches in and around Cambridgeshire. You must be a member of a family who has a child with an additional need, disability or life-limiting condition to access Little Miracles. With all our branches we ask that you complete a [Membership Form](#) to access our services.

### **Picnic in the Park**

Ferry Meadows, Ham Lane, Peterborough PE2 5UU

Tuesday 6 August, 11am to 3pm

Join us for a picnic at Ferry Meadows with ball games and playing in the park.

[Book here](#).

### **Campfire Day**

Little Miracles, The Spinney, Hartwell Way, Peterborough

Wednesday 7 August, 11am to 3pm

Join Little Miracles around the campfire for a day of singing games and campfire snacks - lunch will be provided. [Book here](#).

### **Animal Experience Day**

Little Miracles, The Spinney, Hartwell Way, Peterborough

Thursday 8 August, 10am to 3pm

Animal experience at The Spinney. Timeslots will be emailed nearer the time.

Join Little Miracles as the animals return to Little Miracles Peterborough.

Sessions will be emailed out closer to the time and lunch will be provided in a picnic style in the garden. [Book here](#).

### **Inflatables Day**

Bury Village Hall, Brookfield Way, Bury PE26 2LH

Tuesday 27 August, 12noon to 4pm

Cost: £5 per child

Join Little Miracles Ramsey for an awesome day! There will be bouncy castles, outdoor play, woodland crafts and much more to keep the children busy.

See all [Little Miracles](#) activities and events.

[Facebook](#)

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### **Summer Nights Open Air Cinema**

#### **Ferry Meadows**

August dates

Tickets are £10.50 for adults, £8 for children under 18 and free for carers.

Join us at our open-air cinema for the [Summer Nights programme](#). There are fantastic films from timeless classics to family-friendly movies and action-packed blockbusters. Something for everyone to enjoy!

#### **[Chapterhouse Theatre Company present Pride & Prejudice](#)**

Thursday 15 August - 7pm

#### **[Barbie \(12A\)](#)**

Friday 16 August - 5pm

#### **[Bob Marley One Love \(12A\)](#)**

Friday 16 August - 7.30pm

#### **[Tangled \(PG\)](#) SOLD OUT**

Saturday 17 August - 5pm

FREE thanks to Gateway Film Festival

#### **[Stop Making Sense \(PG\)](#)**

Saturday 17 August - 7.30pm

FREE thanks to Gateway Film Festival

#### **[Chapterhouse Theatre Company present Little Women](#)**

Sunday 18 August - 7pm

#### **[Beauty and the Beast Sing-Along \(PG\)](#)**

Friday 23 August - 5pm

#### **[Pretty Woman \(15\)](#)**

Friday 23 August - 7.30pm

#### **[Trolls Band Together \(U\)](#)**

Saturday 24 August - 5pm

### **The Lost Boys (15)**

Saturday 24 August - 7.30pm

### **The Wizard of Oz (U)**

Sunday 25 August - 5pm

### **Pathaan (12A)**

Sunday 25 August - 7.30pm

Hindi audio with English subtitles

Parking is free with your cinema ticket. Tasty snacks and refreshing drinks will be available throughout the evening, or you're welcome to bring your own picnic!

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### **Caring Together online Parent Carer Hub**

Wednesdays at 10am

- 17 July
- 21 August
- 18 September
- 16 October
- 20 November

Our online hub is for parents living in Cambridgeshire & Peterborough who care for a teenager or adult with an additional need/Autism/SEN. We also welcome parents who also find it hard to attend face to face groups and would like to meet other parents for a chat! Booking is essential to receive a zoom link to join the hub. [Book here.](#)

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### **Pinpoint**

These workshops/events are online unless otherwise stated. See the [website](#) for details of services and support.

### **Monday Tii Hub**

Tii Hub – Together we have Information not Isolation – join us and other parent carers who 'get it' for a cuppa and a chat. You are not alone. Pinpoint's Informal Online Peer support group.

15 July - [Find out more](#)

### **In Person Tii Hub – Maple Centre Huntingdon**

Maple Centre, 6 Oak Tree Drive, Huntingdon PE29 7HN

It's our last get together before school breaks up and we would love to see you!

Wednesday 17 July, 9.30 to 11am - [Find out more](#)

### **In Person Tii Hub – Natwest, Cambridge City Centre**

Natwest Petty Curry, Natwest 21 Petty Curry, Cambridge CB2 3NE

Join Karina and other parent carers who will be waiting with a warm welcome to any parent carer.

Wednesday 18 September, 10.15am to 11.45am - [Find out more](#)

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### **FREE Family Wild Play Session**

Daintree Green, Daintree Way, Huntingdon PE28 9DZ (Meet at the entrance of the park on Daintree Way)

Monday 29 July, 10am to 11.30am

Join Groundwork East to get outside and learn about nature through wild play, bug hunting, scavenger hunts, natural arts and crafts and more! Free activity session in Hemingford Grey for pre and primary aged children and their families

Please only book one ticket per family, children must be accompanied by an adult.

For more information contact Lucy: [lucy.woodbridge@groundwork.org.uk](mailto:lucy.woodbridge@groundwork.org.uk)

[Book here.](#)

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### **Lego Club**

**Cambridge Central Library**, 7 Lion Yard Cambridge CB2 3QD

Tuesday 6 August, 10.30 to 11.30am

As part of our 'Marvellous Makers' Summer Reading Challenge this year, we are getting creative with our favourite building blocks!

Both children and adults require one ticket per person. Children must be accompanied by an adult.

This event is for children aged 4+ and takes place in the Conference Room of Central Library Cambridge, which is wheelchair accessible. [Book here.](#)

### **[Family Lego Club](#)**

#### **Do you love Lego?**

Get creative and get building at Lego Club. There's plenty of Lego for everyone to enjoy.

Come and join in with our Family Lego Club. All children must be accompanied by an adult.

Contact Library enquiries for more information or visit the [website](#) to find a Lego Club near you.

T: 0345 045 5225 E: [your.library@cambridgeshire.gov.uk](mailto:your.library@cambridgeshire.gov.uk)

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### **Fitz Family Friendly Drop-ins**

The Fitzwilliam Museum, Trumpington Street, Cambridge, CB2 1RB

Wednesday 7 August, 10am to 12noon

Join us for a relaxed morning at the Museum for all the family. We'll have picture books, drawing materials, sensory play resources, as well as tips and ideas to help you enjoy your visit.

There's no need to book, just drop-in.

These free events build upon our 'Family Welcome Project', a participatory research project with the North Cambridge Child and Family Centre.

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### **Moth Discovery Session**

Hemingford Grey, Vicarage Field

Vicarage Fields Hemingford Grey PE28 9BY

Tuesday 13 August, 7am to 8.30am

Free family activity session.

Calling all families - join Groundwork East to get outside and discover local British moths on this fun and interactive session. [Book here.](#)

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### **Summer Steve Ball Disco (18yrs+)**

Millfield Community Association, Lincoln Road, Peterborough PE1 2PE

Saturday 17 Aug, 7pm to 10.30pm

Steve Ball Discos are back.

Come and join us for food, bar, dancing and raffle. A disco for the disabled and neurodivergent community. Let's have some fun.

Please buy the ticket with the food choice you would like [here](#). Either sausage and chips, jacket potato or nothing. Carers £2 (carers that want food please book a food ticket for £5). For more information email [info.inclusiveparties@gmail.com](mailto:info.inclusiveparties@gmail.com) or call 07749 034 749.

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### **Oak Adventurers Holiday Club**

Nene Outdoors Watersports & Activity Centre, Ferry Meadows, Ham Lane, Peterborough PE2 5UU

Monday 22 July to Friday 30 August

Oak Adventurers holiday club designed for 8-13 year olds offers a fantastic opportunity for kids to hone their skills and experience a variety of water and land-based activities! From kayaking and paddleboarding to climbing and bushcraft, there's something for every young adventurer to enjoy!

Available every weekday in the summer school holidays (excluding B/H)

Drop off between 8.30am & 9am

Pick up between 4.45pm & 5.15pm (early pick up at 3.30pm by arrangement)

Suitable for children aged 8-13yrs.

Cost £43 per day or book a full week for £173 and save 20%!

Land activities include archery, pioneering, climbing wall, bushcraft, power kiting and more!  
Water activities include sailing, windsurfing, kayaking, canoeing, raft building and more!

Our Ferry Meadows holiday clubs are run by qualified professionals, who work closely with school groups throughout the year. They are DBS checked and have the essential experience and training to safely provide the variety of activities we have to offer.

We aim to be as inclusive as possible and as such can tailor activities to suit individual needs. Please contact us about any specific requirements – where possible, we can look to make adaptations.

T: 01733 234193 – option 2

E: [visitor.services@neneparktrust.org.uk](mailto:visitor.services@neneparktrust.org.uk)

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### **Rowan's Holiday Club (18yrs+)**

Get creative and meet new friends during the summer holidays.

Monday 22 July to Friday 30 August 2024

**Rowan** is an arts centre and forest school for adults with learning disabilities.

Adults over 18 with learning disabilities are invited to join Rowan for holiday fun! Learn new skills and meet new friends.

Whether you are new to Rowan or a current student artist, you can join us from half a day to every day! Full day sessions are £30, and half day sessions are £20.

Complete the form below available [here](#) to sign up for Summer Holiday Club.

If you are new to Rowan, you must complete a student application form – details can be found [here](#).

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### **Tennis**

Sessions for children with additional needs (age 4-17)

Tennis sessions for children with additional needs are available at several clubs throughout Cambridgeshire. Funding for these sessions is often available.

Please contact Steve Shaw, the inclusion officer for Cambridgeshire tennis. He will discuss your child's needs and what your local tennis club could offer.

T: 07485 279 776

E: [stevecshaw@btinternet.com](mailto:stevecshaw@btinternet.com)

Adults with additional needs can also contact Steve, who will be able to help you find a suitable club.

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### **Wildlife Trust Cambridgeshire Events**

With the weather warming up, it's a good time to get out and about. The Wildlife Trust have lots of activities for you and your family to enjoy.

[See all events here.](#)

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### **Free Saturday Monthly Young Ranger Sessions**

**Nene Park Trust** in partnership with Froglife are running a series of sessions for secondary school children aged 11-16 at Ferry Meadows and Hampton and Boardwalks Nature Reserve. The sessions cover a range of topics and staff will share their skills and knowledge to support children to carry out practical conservation tasks.

To find out more visit the [website](#) or book a place via email:

[volunteer@neneparktrust.org.uk](mailto:volunteer@neneparktrust.org.uk)

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### **Little Miracles Youth Clubs**

Little Miracles Youth Clubs are run exclusively for young adults and each branch's club is different.

Details of the youth clubs can be found on Little Miracles Facebook pages - please refer to your [local branch](#) for more details.

Currently the youth clubs run at the following locations:

#### **Peterborough**

The Spinney, Hartwell Way, Peterborough PE3 7LE

Ages 13-25

Thursday evenings during term time 7pm to 9pm

#### **Bourne**

Salvation Army, Manning Road, Bourne PE10 9ET

£2 per child.

Tuesday 6pm to 7.30pm (term time)

#### **Wisbech**

Venue, time, day and cost varies, please see the [Fenland Facebook Page](#) for further details.

**Chatteris**

King Edwards Road, Chatteris PE16 6NG

Sundays, times vary, please see the [Fenland Facebook Group](#) for further details.

**March**

Ormiston Centre, 25 Queen Street Close, March PE15 8SN

Wednesdays 6pm to 8pm

£5 donation.

Contact Little Miracles for more information.

E: [childcare@littlemiraclescharity.org.uk](mailto:childcare@littlemiraclescharity.org.uk)

W: [www.littlemiraclescharity.org.uk](http://www.littlemiraclescharity.org.uk)

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