



# Bottisham Village College

Achievement through Inspiring, Caring, Enriching

Principal: Mrs Jenny Rankine M.Ed LLCM

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LS/bg

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Dear Parent/Carer

## Parent Guide - Tik Tok

Summary of Actions	Deadline
<p><b>Tips to help you safeguard your children:</b></p> <ul style="list-style-type: none"> <li>• <b>Set boundaries: Limit the amount of time your child spends on the app each day.</b></li> <li>• <b>Monitor content: Regularly check the content your child is viewing on TikTok and have open conversations with them about what is appropriate.</b></li> <li>• <b>Check privacy settings: Make sure your child's account is set to private, and they are not sharing personal information online.</b></li> <li>• <b>Educate them: Talk to your children about the dangers of cyberbullying and encourage them to report any incidents to you or a teacher.</b></li> </ul>	<p><b>ASAP</b></p>

We hope this letter finds you well. We would like to address a growing concern we have noticed among our students. We have become aware that many students are spending an excessive amount of time on the social media platform, TikTok.

As educators, we feel it is our responsibility to inform you about the potential dangers of TikTok usage and how you can safeguard your children. While TikTok can be an entertaining and enjoyable platform, it can also be dangerous.

One of the biggest concerns with TikTok is the amount of time that children and teenagers are spending on the app. Hours of scrolling through content can have a negative impact on their mental health, and it can also affect their academic performance.

Another concern is the content that is being shared on TikTok. While the app has rules in place to ensure that users are not posting inappropriate content, it is not always effective. Children and teenagers can be exposed to content that is not suitable for their age group, and this can have long-term effects on their emotional wellbeing.

In addition, TikTok also poses a risk of cyberbullying. Children can be targeted by other users on the app, and this can have a devastating impact on their mental health.





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As parents, we recommend that you take an active role in monitoring your child's TikTok usage. Here are a few tips to help you safeguard your children:

- Set boundaries: Limit the amount of time your child spends on the app each day.
- Monitor content: Regularly check the content your child is viewing on TikTok and have open conversations with them about what is appropriate.
- Check privacy settings: Make sure your child's account is set to private, and they are not sharing personal information online.
- Educate them: Talk to your children about the dangers of cyberbullying and encourage them to report any incidents to you or a teacher.

We hope that this letter has provided you with valuable information on the potential dangers of TikTok usage, and how you can safeguard your children. We have attached a guide to TikTok, which you may find useful. If you have any further questions or concerns, please do not hesitate to reach out to us.

Yours sincerely,

**Mr L Sullivan**  
**Head of Computing**

